## COLLIN COUNTY DISTRICT ATTORNEY OPIOID TREATMENT PROGRAM PHASE DESCRIPTIONS

# MEDICALLY ASSISTED TREATMENT THROUGH THE USE OF EXTENDED-RELEASE NALTREXONE

The District Attorney Opioid Treatment Program (DAOTP) will utilize Medication-Assisted Treatment (MAT) through the use of extended-release naltrexone as an alternative to incarceration for appropriate non-violent offenders suffering from opioid addiction. The DAOTP offers eligible defendants a chance to potentially avoid a criminal conviction and other punitive sanctions (including fines, probation, and incarceration), while also providing the tools and education necessary to help defeat addiction and prevent future criminal behavior. Participants in the DAOTP shall progress through four MAT Phases in their recovery journey. Each phase group will be required to complete the program, medical, and counseling requirements outlined below.

## INTRO PHASE: PRE-SCREENING Referral until 1<sup>st</sup> Injection

#### **GENERAL REQUIREMENTS:**

- The participant must complete his initial assessment and all related medical appointments to ensure he is eligible for the program.
- The participant is not officially admitted to the DAOTP until he receives the first injection.
- Until the first injection is received, the participant is **<u>REQUIRED</u>** to check-in with the DAOTP administrators by phone once per week with updates on his progress towards receiving treatment.

#### **MAT MEDICAL & COUNSELING REQUIREMENTS:**

- All Intro Phase requirements, both medical and clinical (assessment and lab work), <u>MUST</u> be completed within thirty days of tentative approval, unless otherwise determined by DAOTP administrators and medical staff.
- The participant is **<u>REQUIRED</u>** to provide DAOTP administrators with information about his treatment provider and sign a Release of Information.
- Any participant who is unable to make a scheduled appointment with his treatment provider must call and reschedule within two days. Failure to do so may result in sanctions.
- The participant is **<u>REQUIRED</u>** to submit random drug screens using the Recovery Healthcare call-in system. This will be set up by DAOTP administrators.

## MAT PHASE I: OFFICIALLY ADMITTED Typically 1<sup>st</sup> through 4<sup>th</sup> Injections

#### **GENERAL REQUIREMENTS:**

- On the **first (1<sup>st</sup>) Wednesday** of every month, the participant will report to Exult Healthcare at 4 p.m. for his MAT Phase Day.
- On the day of (or day after) receiving the <u>1<sup>st</sup> through 4<sup>th</sup> injections</u>, the participant will report to the Collin County CSCD for an office visit. This will count as one of the participant's two <u>REQUIRED</u> contact visits for the month. The second contact visit will be scheduled at this time.
- The participant will make a <u>minimum</u> of two phone calls per month to the DAOTP administrators to check-in. Contact **MUST** be made with the administrators. Voicemail will not count as one of the required check-ins.
- Any participant who is inactive from either medical or counseling requirements for thirty days or more will be removed from the DAOTP.

### **MAT MEDICAL REQUIREMENTS:**

- The participant is **<u>REQUIRED</u>** to meet with nursing/medical staff as recommended by his treatment provider during Phase I.
- The participant is **<u>REQUIRED</u>** to receive an injection every twenty-eight days (or be daily dosing), unless otherwise determined.
- Any participant who is unable to make a scheduled appointment with his treatment provider must call and reschedule within two days. Failure to do so may result in sanctions.
- The participant is **<u>REQUIRED</u>** to submit random drug screens using the Recovery Healthcare call-in system. This will be set up by the DAOTP administrators.

#### **MAT COUNSELING REQUIREMENTS:**

- The participant is **<u>REQUIRED</u>** to attend weekly individualized counseling sessions during MAT Phase I. The frequency of counseling sessions will be determined by the treatment provider.
- The participant is **<u>REQUIRED</u>** to attend weekly group sessions, unless otherwise determined.
- Any participant who is unable to make a scheduled appointment with his treatment provider must call and reschedule within two days. Failure to do so may result in sanctions.
- If a participant is unable to attend a scheduled appointment due to employment, a work schedule and/or pay stub must be provided on a weekly or bi-weekly basis to be considered a valid excuse. A participant working less than thirty hours a week is **REQUIRED** to attend all appointments.

## MAT PHASE II: MAINTENANCE Typically 5<sup>th</sup> through 8<sup>th</sup> Injections

### **GENERAL REQUIREMENTS:**

- On the second (2<sup>nd</sup>) Wednesday of every month, the participant will report to Exult Healthcare at 4 p.m. for his MAT Phase Day.
- On the day of (or day after) receiving the <u>5<sup>th</sup> through 8<sup>th</sup> injections</u>, the participant will report to the Collin County CSCD for an office visit. This will count as one of the participant's two <u>REQUIRED</u> contact visits for the month. The second contact visit will be scheduled at this time.
- The participant will make a <u>minimum</u> of two phone calls per month to the DAOTP administrators to check-in. One phone call will be the day of (or day after) the scheduled injection, and one will be an additional monthly check-in.
- Any participant who is inactive from either medical or counseling requirements for thirty days or more will be removed from the DAOTP.

## MAT MEDICAL REQUIREMENTS:

- The participant is **<u>REQUIRED</u>** to meet with nursing/medical staff as recommended by his treatment provider during Phase II.
- The participant is **<u>REQUIRED</u>** to receive an injection every twenty-eight days (or be daily dosing), unless otherwise determined.
- Any participant who is unable to make a scheduled appointment with his treatment provider must call and reschedule within two days. Failure to do so may result in sanctions.
- The participant is **<u>REQUIRED</u>** to submit random drug screens using the Recovery Healthcare call-in system. This will be set up by the DAOTP administrators.

## MAT COUNSELING REQUIREMENTS:

- The participant is **<u>REQUIRED</u>** to attend bi-weekly individualized counseling sessions, unless otherwise determined.
- The participant is **<u>REQUIRED</u>** to attend weekly group sessions, unless otherwise determined.
- Any participant who is unable to make a scheduled appointment with his treatment provider must call and reschedule within two days. Failure to do so may result in sanctions.
- If a participant is unable to attend a scheduled appointment due to employment, a work schedule and/or pay stub must be provided on a weekly or bi-weekly basis to be considered a valid excuse. A participant working less than thirty hours a week is **<u>REQUIRED</u>** to attend all appointments.

## MAT PHASE III: MAINTENANCE Typically 9<sup>th</sup> through 12<sup>th</sup> Injections

#### **GENERAL REQUIREMENTS:**

- On the **third (3<sup>nd</sup>) Wednesday** of every month, the participant will report to Exult Healthcare at 4 p.m. for his MAT Phase Day.
- On the day of (or day after) receiving the <u>9<sup>th</sup> through 12<sup>th</sup> injections</u>, the participant will report to the Collin County CSCD for an office visit. This will count as his one <u>REQUIRED</u> contact visit for the month.
- The participant will make a <u>minimum</u> of two phone calls per month to the DAOTP administrators to check-in. One phone call will be the day of (or day after) the scheduled injection, and one will be an additional monthly check-in.
- During this phase, the participant will receive a referral to workforce development to screen for possible employment opportunities and to assess educational needs (if applicable).
- Any participant who is inactive from either medical or counseling requirements for thirty days or more will be removed from the DAOTP.

### MAT MEDICAL REQUIREMENTS:

- The participant is **<u>REQUIRED</u>** to meet with nursing/medical staff on a monthly basis during Phase III, unless otherwise determined.
- The participant is **<u>REQUIRED</u>** to receive an injection every twenty-eight days (or be daily dosing), unless otherwise determined.
- Any participant who is unable to make a scheduled appointment with his treatment provider must call and reschedule within two days. Failure to do so may result in sanctions.
- The participant is **<u>REQUIRED</u>** to submit random drug screens using the Recovery Healthcare call-in system. This will be set up by the DAOTP administrators.

### **MAT COUNSELING REQUIREMENTS:**

- The participant is **<u>REQUIRED</u>** to attend monthly individualized counseling sessions, unless otherwise determined.
- The participant is **<u>REQUIRED</u>** to attend weekly group sessions, unless otherwise determined.
- Any participant who is unable to make a scheduled appointment with his treatment provider must call and reschedule within two days. Failure to do so may result in sanctions.
- If a participant is unable to attend a scheduled appointment due to employment, a work schedule and/or pay stub must be provided on a weekly or bi-weekly basis to be considered a valid excuse. A participant working less than thirty hours a week is **REQUIRED** to attend all appointments.

## MAT PHASE IV: SELF-CARE Typically 13<sup>th</sup> Injection until Graduation

#### **GENERAL REQUIREMENTS:**

- On the **third (3<sup>rd</sup>) Wednesday** of every month, **meetings for Phases III and IV are combined.** The participant will report to Exult Healthcare at 4 p.m. for his MAT Phase Day (excused only with proof of work, medical appointment, or emergency).
- Once monthly, the participant will report to the Collin County CSCD for an office visit as directed.
- Once a participant enters Phase IV, there will be a scheduled case review with the treatment team (prosecutor/CSCD/medical provider/counselor) to discuss the participant's progress and develop an aftercare plan.
- Any participant who successfully completes the DAOTP will be recognized for his accomplishment.
- Any participant who is inactive from either medical or counseling requirements for thirty days or more will be removed from the DAOTP.

### MAT MEDICAL & COUNSELING REQUIREMENTS:

- Medical and counseling requirements during Phase IV may be decreased based on recommendations made by the treatment team during the participant's case review meeting.
- Any participant who is unable to make a scheduled appointment with his treatment provider must call and reschedule within two days. Failure to do so may result in sanctions.
- The participant is still **<u>REQUIRED</u>** to submit random drug screens using the Recovery Healthcare callin system. This will be set up by the DAOTP administrators, unless otherwise determined.
- The participant is **<u>REQUIRED</u>** to be compliant with scheduled appointments as determined by the treatment team to avoid being removed from the DAOTP.

#### **POSSIBLE SANCTIONS INCLUDE**

- Increased phone calls/office visits with DAOTP administrators and/or treatment providers
- Demotion to the previous phase until released by DAOTP administrators and/or treatment team
- Increased participation in treatment options, such as inpatient treatment or sober living
- Increased drug and/or alcohol screenings
- Additional community service requirements
- Removal from the DAOTP

I certify that I have received a copy of the Collin County District Attorney Opioid Treatment Program Phase Descriptions document and understand that I am required to fulfill the requirements herein as part of my treatment.

Participant Printed Name / Participant Signature

Date

Witness Printed Name / Witness Signature

Date